



CAMP KASOTA WEST SAMPLE MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	-----	Pancakes & Sausages	Hot & Cold Cereal w/ Toast	Eggs & Hash Browns w/ Toast	French Toast & Bacon	Hot & Cold Cereal w/ Toast
LUNCH	Soft Shell Tacos	Grilled Cheese & Tomato Soup	Macaroni & Cheese w/ Salad	Fettuccine Alfredo w/ Chips & Salad	Chicken Caesar Salad w/ Garlic Bread	-----
DINNER	Hamburgers & Fries w/ Veggies	Penne w/ Meat Sauce & Caesar Salad	Chicken Strips, Veggies, & Rice	Beef Dip Buns, Beans, & Salad	Make Your Own Sandwich & Homemade Soup	-----
SNACK	Hot Chocolate & Rice Krispies	Fresh Fruit	Ice Cream	Fresh Fruit	Munchie Mix & Juice	-----